

Curriculum vitae

1.Name: Dr. Ila Bisht

2.Designation: Assistant Professor, Sociology

3.Organisation/Employer: Government Degree College Bhikiyasain, Almora, Uttarakhand

4.Type Of Appointment: Regular

5.Contact Details:

Address (Residence): Green Street, Uttaranchal Colony, Gas Godam Road, Kusumkhara, Haldwani, 263139

Mobile:9759055327

E-Mail: ilabisht1@gmail.com, ilabisht@hotmail.com

6.Address (Office): Assistant Professor, Department of Sociology, Government degree college Bhikiyasain, Almora, Uttarakhand. PIN-263667

Email: gdcbhikiyasain@gmail.com

7. Date of Birth: 23/10/1987

8.Present Pay Scale: 57,700- 182400(ACADEMIC LEVEL -10)

9.Academic Qualification:

EXAMINATION /DEGREE	BOARD /UNIVERSITY	YEAR	SUBJECT(S)	DIVISION/ PERCENTAGE
HIGHSCHOOL	C.B.S.E	2002	Hindi, English, Maths, Science, Social Science	First /74%
INTERMEDIATE	C.B.S.E	2004	Hindi, English, Physics, Chemistry, Biology	First/65.2%
B.Sc (Graduation)	Kumaun University	2007	Zoology, Botany, Forestry	First/73.2%
Masters of Social Work (MS.W.)	Garhwal university	2009	Social Work	First/71.4%
M.A. Sociology	Uttarakhand open university	2015	Sociology	First/68.6%
Ph.D	Kumaun University	2014	Sociology	Not applicable
NET	UGC	2012	Social Work	Not applicable
NET	UGC	2018	Sociology	Not applicable
U-SET	Kumaun University	2018	Sociology	Not applicable

10.Employment Detail:

DURATION	ORGANIZATION	DESIGNATION	NATURE OF JOB/TYPE OF DUTIES

From 2/07/2020 till Date	Govt Degree College, Bhikiyasain, Almora	Assistant Professor, Sociology	Teaching, Research and Administrative
December 2014 to February 2016	D.S.B. Campus, Kumaun University, Nainital.	Teaching Personnel, In Department of Social Work	Teaching, Research and Administrative

11. Experience

A) Total Teaching Experience: PG level is 1 year and at UG level is 5 years

B) Details of teaching experience during the last years:

LEVEL OF TEACHING	SUBJECT	YEARS
UG Level	Sociology	5 Years
PG Level	Masters Of Social Work (MSW)	1 Year
Research Guidance	Sociology	Presently guiding 2 research scholars for last 1.6 years

C) Administration/ Supervisory Experience :

- Delivering lectures on related subjects to the students pursuing graduation/post-graduation/masters (Sociology, MSW).
- Designing, developing and providing study material for the under-graduate and post-graduate students.
- Assigning fieldwork, project work and dissertations to the students.
- Counselling students and clarifying their doubts related to academic course and their assignments.
- Coordinating and conducting lectures in related fields for the students in order to update them on the latest academic advancements and impart them applied aspects of the subject.
- Coordinating and conducting educational trips of the students at various government and Non-Government Organizations.
- Guiding and supervising students during field visits to rural areas, urban areas and industrial settings.
- Organizing tests and tutorials for students to assess their progress and clearing their doubts.
- To represent the Department of Sociology, participate and present papers at various conferences and seminars.

D) Research Experience: Presently guiding 2 research scholars for last 1.6 Years.

Publications/POF Books, Articles, Research Papers and Papers Presented:

Papers Presented:

- Participated in training programme on “**Research Methodology and Computer application in Social Science Research**” organised by Department of Sociology, DSB Campus, Kumaun University, Nainital between 19-28 July 2010.
- Presented paper on “**From Risk to Resource: Socio Economic Impact of Chir Pine Needles: A case Study of Devidhura Village in District Nainital**” in National Seminar on

Environment, Development and Society organized by UGC Academic Staff College, Kumaun University, Nainital between 20-21 October 2010.

- Presented paper on “**Gender Equity and Health indicators (A case Study of women’s health awareness in village Dadholi of District Almora,Uttarakhand)**” in the International Conference on Gender Equity: Issue of Theory, Practice and Policy in Asia-Pacific Region, organized by UGC Academic Staff College, Kumaun University, Nainital between 21-22 March, 2013.
- Presented paper on “**Nurturing Health: Impact of Health Programmes on Rural Women of Kumaun – An evaluation**” in National Seminar on Women in Mountains – Continuity and Change, organised by School of Social Sciences, Uttarakhand Open University between 28-29 November 2013.
- Participated in International Student Conference on “**Environment and Sustainability in Tongji University, Shanghai, China**” organized between 5-8 June,2013
- Presented paper on “**Human Rights and Women’s Health**” in National Seminar on Protection of Human Rights of Women in India, organised by Centre for Women Studies, Kumaun University, Nainital between 1-2 March,2014.
- Presented Paper on “**Rural Women and Reproductive Health: Myth and Reality**” in 5th National Sociological Congress organised by Sociology Association, Uttarakhand between 8-9 March 2014.
- Participated in National seminar on “**Social Transformation among Schedule Caste and Tribal Communities of Mountain Region – Myth and Reality**”, organised by School of Social Sciences, Uttarakhand Open University between 10-11 October 2014.
- Presented paper on “**Health Status of Mother in Rural Kumaon**” in International Seminar on “Mother in Indian Culture”, organised by department of History, SSJ Campus Almora between 15-16 February 2015.
- Presented paper on “**Implementation Status of Right of children to free and compulsory education Act 2009: A case study of Bhimtal Development block in Uttarakhand**” in International Seminar on “Role of e-learning in Quality Education”, organised by department of B.Ed, R.H.Government PG Collage, Kashipur, Uddham Singh Nagar between 22-23 February 2015.
- Presented paper on “**Socio-Economic Disparities: Challenges and opportunities in Uttarakhand**” in International Seminar on “Sustainable Development: Challenges and strategies, organised by department of Economics, Government PG Collage Chamoli, Uttarakhand on 21 -22 October 2016.
- Presented paper on “**Kumaun Forest Grievance Committee: A movement of Swaraj on Community Forests**” at National seminar on “Unsung heroes and freedom fighters of Kumaon region of Uttarakhand organised by department of history, MG P.G college, Pithoragarh from 28-29 December 2021.
- Presented paper on “**Impact of Yoga and Meditation through Health and Wellness Centres on Health: A Study of District Almora, Uttarakhand**” at 1st international conference on role of Yoga and Indian culture in developing a new world Organised by Department of Yogic Sciences, SSJ University, Almora from 16-18 April 2023.
- Presented Paper on “**Janjityo kay Vikas Main Media Ki Bhumika**” at National Seminar on “Various dimensions of Social, Cultural and Artistic Development of Uttarakhand Tribes”, organised by Department of Sociology, Harsh Vidya Mandir, PG College Raisi, Haridwar organised between 1-2 December 2023.
- Presented Paper on “**Adhunik arthik evam shakti kay roop main ubhartaybharat main mahilao ki sthithi**” at National Seminar on “**21 sadi main bajarwad aur udarikaran kay daur main mahilao ki Suraksha, Samasya evam Chauniyiya**” organised by Department of Sociology, Government Degree College, Manglaur, Haridwar organised between 5-6 February 2024.
- Presented paper on “**Cyber security and Indian Society**” at “National Seminar on cyber security and Indian society: Concept, Function and betterment organised by Department of Sociology, Hindu College, Moradabad from 9-10 February 2024.

- Presented paper on “ **Impact of Yoga and Meditation through health and wellness Centres on health: A Case study of Almora District**” organised by the Department of Education, MBPG, Haldwani from 10-11 November 2024.
- Presented paper on “**Uttarakhand main grameen Paryatan kay saatat Vikas kay liyae ek model kay roop main homestay**” at National Seminar on “Understanding sustainable homestay tourism as a driving factor of tourist’s satisfaction through structural equation modelling” organised by the Department of Sociology, MB, PG College, Haldwani from 14-15 February 2025.

Publications:

- “**Health Status of mother in rural Kumaun**”, 2015, International research Journal of Management, Sociology and Humanities, volume 6, page 158-170, ISSN: 2277-9808(online), 2348-9359 (Print)
- “**Nurturing Health: Impact of Health Programmes on Rural Women of Kumaun**” 2014, Quest, volume 8, pages181-187, ISSN 0974 (print), 2249-0035 (online).
- “**Implementation Status of Right of children to free and compulsory education Act 2009:A case study of Bhimtal development block in Uttarakhand**”, 2015, International journal of multidisciplinary Approach and Studies, Volume 2, page 38-44, ISSN 2348-537X.
- “**Gender Equity and Health: A case Study of Central Himalayan Village**”, 2016, Equating Gender: Explorations in the Asia-Pacific, Pages 232-240, ISBN:978-81-316-0802-9
- “**From Risk to Resource: Socio -Economic impact of Chir Pine Needle: A case Study of Devidhura Village in District Nainital**”, 2011, Environment, Development and Society”, page 126-133, ISBN:976-81-920509-0-4
- “**Human Rights and Women’s Health**”, 2014, Journal of Acharya Narendra Dev Research Institute, 2018-2019, pages 1-8, ISSN 0976-3287.
- “**Rural Women and Reproductive Health: Myth and Reality**”, 2015, Women in Mountains: Continuity and Change, Pages 62-74, ISBN 978-81-7975-645-4.
- “**Health Programmes and Empowerment of Rural Women: An Evaluation with special reference to District Almora, Uttarakhand**”, 2022, pages1-174, ISBN:978-93-93388-11-7
- “**Janjatiyo Kay Vikas main Media Ki Bhumika**” 2023 Various Dimensions of Social,Cultural and Artistic Development of Uttarakhand Tribes, pages 9-16, Vol.1, ISBN 978-93-92469-87-9
- “**Impact of Yoga and Meditation through health and wellness Centres on health: A Case study of Almora District**” 2025, Harmony in heritage women, folk culture and Sustainability in Uttarakhand, Pages 240- 246, ISBN 978-93-6729-069-9

12) **Computer Skills:** I have working knowledge of MS Office

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Dr. Ila Bisht